

The Benefice of Badwell & Walsham

Rector: Rev'd Philip Merry 01359 258806
07526 271784
(philipmerry@hotmail.co.uk)

Retired Priest : Rev'd Pamela Robson 01359 269278
(robsonpam@btinternet.com)

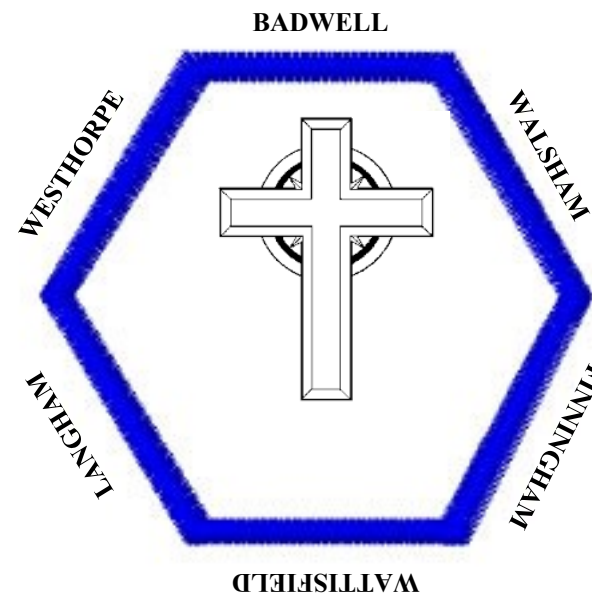
Benefice Readers: Ian Jackson 01449 781392

Reader Emeritus: Freddie Montgomery

Benefice Elders: Marion Bell 01449 782072
Denise Merry 01359 258806
Jill Scarfe 01359 258849
Andrew Strickland 01449 781487

Benefice Safeguarding Officer:
Tracey Gorzelak 01359 258529

The Benefice of Badwell & Walsham



Hexagon
April – May 2022

HEXAGON

Please send your articles, jokes, fundraising event reports, puzzles, recipes and Church announcements for inclusion in this magazine to the Editor: Debbie on 01359 259686 or debbiewatson2916@gmail.com

COPY DEADLINE Last date for items for inclusion in the next issue is
Fri **6th May 2022**

Advertise your fundraising or community event for free.

The Hexagon is delivered to over 1500 homes

Advertise your local business here.

Advertising Rates

FULL PAGE	single issue £30	3 issues £60	6 issues £120
HALF PAGE	single issue £20	3 issues £40	6 issues £80
QUARTER PAGE	single issue £15	3 issues £30	6 issues £50

Contact Judith on 01359 258251 or judith@gharlow.plus.com

PRIORY ROOMS, WALSHAM-LE-WILLOWS

The Priory Rooms in Walsham are available to hire for private functions.

For bookings or further information please contact
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Tel: 07908 010555 or Email: johnboulter@yahoo.com

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EASTER

The date for when Easter falls is usually either described as 'early' or as being 'late.' This is due to the fact that Easter, unlike say Christmas, is a moveable Feast Day. The earliest it can fall is the 22nd March, and the latest the 25th April. Therefore, we may well describe Easter this year as being 'late,' in view of Easter Sunday falling upon the 17th April.

The date for celebrating Easter varied considerably for a number of centuries and was not universally resolved until the 7th Century. For Western Christians the date is set as the first Sunday after the Full Moon from the 21st March; such a reference having its roots in the Passover Festival in the Bible's Old Testament. Once Easter Sunday is identified the rest of the Christian Year falls into place; Palm Sunday, Pentecost, Trinity, Ascension Day....

Although the exact date when Easter was first celebrated is not entirely sure, Easter is certainly a far older Feast Day than Christmas. What is certain is that the proclamation 'Jesus is Risen,' has been central to Christianity from the time of the first Christian disciples; had there been no first Easter Sunday, then we would have no Christianity.

Equally it is uncertain when the symbolism of eggs and rabbits were associated with Easter, although such images at Easter are very ancient. Eggs and rabbits are thought to be symbolic of new life at springtime, and Easter is the celebration of Jesus' resurrection and the new life or fresh start that people receive when they become Christians. Churches use Easter Day to praise God for raising Jesus from the dead, and to remember



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<cont

Christian martyrs down the centuries, whilst at the same time baptising new converts to the Christian faith. This Easter the churches will especially remember all the people of Ukraine.

During Holy Week which commences with Palm Sunday on the 10th April, there are a variety of services across the Benefice each day; traditional Holy Communion, contemplative Compline, Good Friday meditation, along with an Easter egg hunt and Good Friday coffee morning with crafts; please see elsewhere in the Magazine.

As we prepare to celebrate Easter, and enjoy once again all the verdant signs of Spring in our gardens and hedgerows, we too can be reassured of the hope of new life through the resurrection of Jesus Christ. During this Lent and Easter Season I pray that we all find the hope and promise which the new life and joy of Easter, through the Resurrection of the Our Lord Jesus Christ, affords us all.

Philip and Denise
Benefice Priest

GOOD FRIDAY - Social Get Together

On Friday 15th April – Good Friday – **10.00-12.00** there will be refreshments in the Priory Room for all-ages, and an opportunity for craft work. All are most welcome for simply a chance to have a cuppa, a hot cross bun and chat with friends.



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COMMUNITY YOGA FOR HEALTH

Walsham Community Yoga on Thursdays
in the **Priory Room** from 7.15 to 9.15pm.

This will be in adherence to COVID social distancing regulations.

Newcomers always welcome and no experience required

Please contact Julia (British Wheel of Yoga) 07980476140

dunnicliffej@hotmail.com

FROM THE REGISTERS

BAPTISMS

Florence Alice Spink	2/1/22	Walsham
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FUNERALS

Roger Harvey	21/1/22	Cremation	Walsham
Rosamunde Elaine Withers	28/1/22	Cremation	Walsham
Robert Alexander Warby	15/2/22	Burial	Walsham
Jennifer Elizabeth Patterson	17/2/22	Burial	Walsham
Eileen Lydia Birbeck	19/2/22	Burial of Ashes	Langham
Beryl Mary Allen	24/2/22	Cremation	Finningham

CHRISTIAN AID

There will be a service of Holy Communion on Wednesday 18th May in St Mary's Church Walsham le Willows, followed by refreshments and a 'bring and buy' sale, of which monies raised will go to Christian Aid. All are welcome to either or both.

ART EXHIBITION BADWELL ASH

On the Weekend of 28th and 29th May St Mary's Church Badwell Ash will be hosting an Art Exhibition with exhibits for sale; in aid of church funds. There will be a tombola and refreshments. All are very welcome; 10.00 – 3.30 both days.



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FOODBANK WALSHAM le WILLOWS

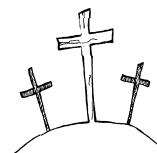
As well as receiving donations inside St Mary's Church Walsham, there are now 'baskets' inside the churches of Finningham, Westhorpe and Wattisfield (St Margarets) in which donations for the Benefice foodbank can be placed. They are emptied on a regular basis and given to the Community Council in Walsham who kindly are the organisers for distribution. Long life, tinned food and hygiene products all gratefully received.

Good Friday (15th April)

United service in Wattisfield

(St Margaret's and the URC)

Led by Jo Patel



10am: Walk of Witness from St Margaret's Church

up the hill to the URC

10.30am: Service of meditation at the URC

++++++

This will be the first Good Friday service we have been able to hold since 2019 and we invite everyone to join us for a time of quiet reflection and worship. You are welcome just to join those on the walk or to go straight to the URC and wait in the warm for the service at 10.30am.

++++++

(Please note altered times from previous years)



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Afternoon 12.45pm to 3.45pm

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us

Community help needed

We need volunteers for half The Street and The Oaks in Wattisfield to distribute the Hexagon six times a year.
Please contact Irene Gumm – 01359 251221.

A Big Thank You to Mike Newman for his service to the community and we wish you and the family well in your new home.

WATTISFIELD COMMUNITY CENTRE

Now that COVID restrictions have been lifted, Wattisfield Village Hall is hoping to start running its regular classes.

Anyone wishing to hire the hall or for further information please visit www.wattisfield.org.uk or
Email: wattisfieldcc@gmail.com

FINNINGHAM 3C'S COFFEE MORNINGS

Thank you for coming to join us at the Coffee, Craft and Chat mornings. Over the last few months, the following charities have benefitted from your kind support:

St Bartholomew's church - £106
The Royal British Legion - £76.80
Crisis at Christmas - £100
Home-Start, Suffolk - £55
Walsham le Willows Food Bank - £108.50

After our next coffee morning on Saturday 9th April, we are taking a short break. In the meantime, the Rural Coffee Caravan will be visiting Finningham on the second Tuesday of the month, so please come and support them.

Thanks again,
Ali and Margaret

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BADWELL ASH EASTER EGG HUNT

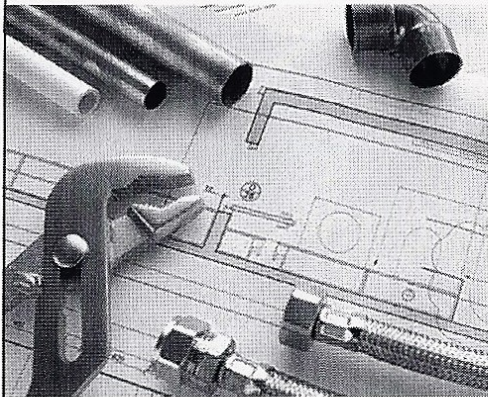
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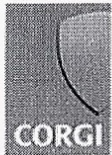
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Transport Needed?

The Rickinghall & District Community Bus is available for hire to readers of this publication. Typical journeys include - shopping trips, health centre visits, dentist, optician, chiropodist, hospital appointments and visits.

The bus is also available for visiting friends and relatives, in fact pretty well anything you need. Door to door service, any help a pleasure. Wheelchairs no problem.

Please telephone Gordon on 01379 897 109 (24/7 ansaphone).



Many thanks for all the donations given to the Community Transport Bus fundraising during the year 2021 we are pleased to announce we raised £650.

Donations of Bric-a-brac, clothing, shoes, belts, jewellery and handbags can be left at:

The Corner Bungalow,
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or telephone 01359 251221 for collection.

Many thanks

Linda Dyer & Irene Gumm

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Caroline Morris: 07843 248 411
cdv_11@hotmail.com

Web address: pawfectmoments.co.uk
Facebook: Pawfect Moments Pet Care



**St. Andrew's Church, Sapiston
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Easter Monday Concert

Monday 18th April 2022 - 2.30pm



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For more information please contact gilesmith@waitrose.com



Do you like music? Do you like dancing?

After all that lockdown cooking, do you feel like some exercise?

Why not have a go at something a bit different?

NORTH WEST MORRIS

It's good exercise and it's fun! No experience needed and no obligation.

New dancers and musicians welcome (portable acoustic instruments).

Our practice sessions are on Sunday evenings 7 - 8.30pm in Haughley, near Stowmarket

Ring 01449 766747 (Sue) or 01449 673518 (Gill) to find out more.
Find Haughley Hoofers on Facebook

(North West Morris is one of the oldest forms of street dance, originally performed in the street processions of the Lancashire and Cheshire textile towns. In summer we dance at festivals, fetes, shows, pubs – and the street!)

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IPSWICH AND SUFFOLK CREDIT UNION

The Parish of Walsham-le-Willows has joined with the Archbishop of Canterbury in his initiative to offer an alternative to Pay Day Loan Companies.

The Archbishop of Canterbury has endorsed and promotes Credit Unions nationwide. We had visits from the Ipswich and Suffolk Credit Union during the year 2014. As a result we now have two Walsham-le-Willows Parish members as Credit Union Representatives for anyone in the Benefice with any interests.

They are as follows:

Fred Bloomfield
1 Church View Cottage
The Causeway
Walsham-le-Willows
Bury St Edmunds IP31 3AB
Tel: 01359 258 596
E-mail: bloomfield644@btinternet.com

Ann James
The Thumbit
Walsham-le-Willows
Bury St Edmunds IP31 3BT
Tel: 01359 259414
E-mail: thumbit@tecova.com

MUSIC IN ST MARY'S WALSHAM

Wednesday 13th April: A Lunch time Recital by Yalda Davies on cello and Andrew Leach on Piano. 12:15 – 1:00pm. Refreshments afterwards. Free entry, retiring collection.

Saturday 25th June: Octave in the church in the evening. Refreshments during the interval.

Future Events: Neil Carlson is intending to give a Lunch time Recital on oboe and piano on Tuesday 13th September.

Also St Margaret's Church Wattisfield: Saturday July 9th at 7.00pm. A concert by Shingle Street, the Suffolk folk band, refreshments at the end



WALSHAM LE WILLOWS SPORTS CLUB

Walsham Sports Club in Summer Road is a thriving local community facility offering sporting/exercise opportunities to everyone.

Regular Weekly Activities

Walking Netball Tuesday 10 – 11am & Thursday 6 -7pm
Indoor Carpet Bowls Wednesdays 2.30 – 4.30 pm
Senior Football (over 40's) Monday 8 – 9 pm
Senior Football (over 50's) Tuesday 2-3pm
Walking Football Thursdays 2-3pm
Yoga Thursday 1.15- 2.15pm
Cardio Tennis Friday 12 – 1pm



Social Events April / May 2022

Sunday 10th & 24th April, 8th & 22nd May CASH BINGO 7pm start
Friday 6 May SOCIAL RUN 6.45pm start from sports club, choice of 3,4 or 5 mile route around village, fully marshalled route
Friday 6th May LIVE MUSIC with Jo Manning 6.30pm start
Saturday 14th May Charity 90/10 DARTS TOURNAMENT
Friday 27th May LIVE MUSIC with Chris Jolly 6.30-m start

For further information and to check for any at/time changes for events please visit our website <https://walshamsportsclub.co.uk> or contact Jan 07874898825.

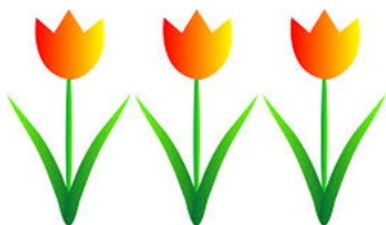
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Live Music at Westhorpe Village Hall **Saturday, 8th April, 2022 at 8.00 pm**

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Tables available – bring your own drinks and nibbles

An evening of fun and toe-tapping, feel-good music!

To reserve your ticket, price £8.00, call Rosemary Mees on 01449 780394 / 07539 711614. Money payable at the door on the night.

In aid of St Margaret's, Westhorpe Bell Restoration Appeal

Beginners Guitar **Ricky Wilkinson MBE ricky5844@aol.com**

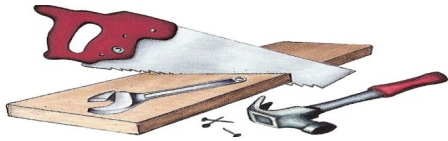
Learning Folk Guitar for children year 2 and up.



Hi. My name is Ricky Wilkinson and I live in Westhorpe. Until lockdown I was teaching guitar in Guildhall Feoffment Primary School in Bury St Edmunds. I also run Phoenix Children's Folk Group based in Bury St Edmunds. Members learn to play and sing plugged in to our sound system for charities, festivals and various concerts.

In Folk Guitar children learn songs to sing accompanied by a variety of plucks and strums on guitar to enable them to perform solo or in a group. My Phoenix group performed all the music for Langham Church Carol Service last Christmas on 12th December 2021.

If you know a child who would like to learn to play guitar and sing so they can perform, please email me for further details. I can give private lessons in your home or if there are 6 or more wishing to learn I can use Westhorpe village hall at a suitable time after school which would be much cheaper than individual private lessons. I am DBS checked to teach guitar and run the Phoenix group. Parents are always welcome to stay and watch.



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Sunday 1 May	11.00 – 6.00
Monday 2 May	11.00 – 6.00

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Plants – Cakes – Sweets – Jam
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Songs of Praise – 1 May 6.00 pm



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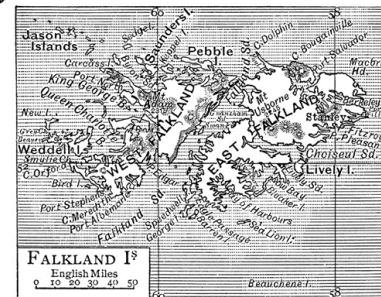
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WALSHAM History Group



THE FALKLANDS WAR 40 YEARS ON

history, events and aftermath

A talk by

WING COMMANDER
ANDREW GRAY

Wednesday 27th April 2022 at 7.30pm

Memorial Victory Hall, Walsham-le-Willows

All Welcome

Community Council Food Bank



This facility is now open to provide emergency supplies to residents in Walsham le Willows, Badwell Ash, Finningham, Langham, Wattisfield and Westhorpe who need help during these difficult times

Please donate long life foods and personal hygiene products to our collection point in the Memorial Hall or contact us to arrange a collection.

If you're struggling for whatever reason please contact us for some supplies. All contact will be confidential so no one will know that you've asked.

To help, get involved or to discuss your needs please contact Amanda on 01359 258646 or email wlwcommunitycouncil@outlook.com

JIGSAW FESTIVAL

30th April - 2nd May

10am - 4pm

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*Contact Penny
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QUEENS JUBILEE TORCH RELAY SUFFOLK

The Festival of Suffolk is having a Torch Relay, carried on its journey in May by selected community torch bearers riding on a rickshaw. The symbolic torch will tour the county from Fri 13 May 22 to Wed 1 Jun 22 to herald the start of the Festival of Suffolk and the celebrations to mark HM the Queen's Platinum Jubilee.

Suggested local heroes will be nominated by their community and it is hoped that all the towns and villages take the opportunity to celebrate and welcome the torch as it transits through their community. The torch begins its journey on the county boundary at Brandon and then passes through 250 towns and villages, a distance of over 550 miles before reaching its final destination at the Suffolk Show in Ipswich.

Communities across Suffolk are invited to nominate worthy individuals to carry the torch. These could include local heroes or notable characters chosen in recognition for their service to the community. Most torch bearers will sit in the rickshaw and so it is suitable for all ages and all abilities.

The Rickshaw should pass through Badwell Ash and Walsham Le Willows on 23 May then progress on 24 May from Walsham Le Willows through Wattisfield and Finningham. Full details of the route can be found on <https://www.festivalofsuffolk.org/all-events/torch-relay>



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There are also a variety of activities happening at the hall:

Community Lunch 12.45 pm (second Monday of each month)
Contact : Shirley White tel 01359 258532

Fit Steps Class Monday (weekly) 6.30 - 7.30pm.
Contact : Jodie Danielle tel 07885551562
Email jodiedanielletraining@outlook.com

Pilates Class Tuesday (weekly) 1.30 - 2.30pm.
Contact : Lara Pepper tel 07974142240
email contact@larapepper.com

Pilates Classes Wednesday (weekly) 9.15-10.15am and 10.30-11.30am
Contact : Lara Pepper tel 07974142240
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Coffee shop Thursday (weekly) 10.30am - 12 noon
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Post Office Van Thursday (weekly) in the village hall car park
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Burlesque Class Thursday (weekly) 6.30 -7.30pm
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UNUSUAL PERENNIALS VEGETABLES

If you are bored of growing ordinary vegetables why not try something different. There is a growing trend for “forest gardening” – this is growing plants in a framework similar to a forest – with a canopy layer of trees, an understorey of shrubs and herbaceous plants and a ground layer of low growing plants. These plants are all perennials- so once planted will live for several years and so give a harvest each year.

Here is a list of edible herbaceous perennial plants that could be part of your ornamental garden as well as your vegetable garden:

1. Sea beat (*Beta vulgaris* subs *maritima*) is a seaside plant that resembles spinach and beetroot leaves eat the young shoots in spring and the leaves can be eaten all year. Use leaves like spinach lightly steam or boil leaves, Pinch out flowering shoots to encourage leaf production.
2. King's Spear (*Asphodeline lutea*) – is a clump forming herbaceous perennial from south Europe usually grown as an ornamental plant. Harvest young shoots, in late summer, autumn and in winter and spring. Shoots can be eaten like asparagus. The flowers are sweet and used in salads. Roots can also be eaten harvested in the autumn and winter. They have a nutty flavour.
3. Cardoons are large grey leaved Mediterranean evergreen perennial thistle like plants with tall flowering stems; each leaf reaching 80cms tall and flowering stem, up to 2m. (*Cynara cardunculus*) Harvest leaf ribs and stalks from mature leaves. The ribs have some bitterness but the leaf stalks can be blanched. Boil the leaf ribs and stalks then peel before eating. They have a celery like flavour, Cardoon sticks go well with eggs and cheese. You can also eat immature flower heads when boiled, they are like globe artichokes. Cardoon roots are also edible.
4. Lovage (*Levisticum officinale*) an herbaceous perennial with young leaves that have a yeasty flavour.
5. Ostrich fern (*Matteuccia struthiopteris*) this is a hardy fern from Northern hemisphere. It spreads by rhizomes each plant reaching 1.5m tall and 60cms wide. You can eat the young curled shoots called fiddleheads - boil them for 15minutes they have a flavour that is a cross between asparagus and broccoli.
6. Fuki (*Petasites japonica*) – Large leaved herbaceous perennial you can eat the stalks like rhubarb. Cook the stems then peel them.
7. Solomon's Seal (*Polygonatum sp.*) this is usually grown as an ornamental plant with attractive pinnate leaves and white drop like flowers. You can eat the young shoots like asparagus.
8. Sweet Cicely (*Myrrhis odorata*) this is a native to Northern Britain, It has aniseed flavoured leaves and shoots and roots but best to eat the seeds.

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SPRING

Longer days? Check. Warmer weather? ... Spring is on the horizon, so get ready for the change in the seasons by familiarising yourself with spring highlights from wildlife.

Frogs and Toads One of the most familiar signs of spring is the appearance of jelly-like spawn in ponds. In spring, frogs and toads emerge and begin to spawn following hibernation. Frog spawn is easily differentiated from toad spawn because it appears in large balls or clumps, whereas toad spawn is found in long chains attached to plants and weeds. Male frogs will return to the same pond in which they matured and will continue to return to the same spot for the rest of their lives. If you'd like frogs to keep returning to your pond each year, make sure you keep a small gap or hole in fences so that they can access your garden.

While immense balls of spawn may make a pond seem overcrowded – as much of 90% of tadpoles are being lost to predators – the actual number of eggs that survive to adulthood will be a fraction of the spawn you see. It takes 13-16 weeks for tadpoles to mature and, as spring progresses into summer, tiny froglets can be found leaving the pond around June. That said, there is evidence that frogs and toads are breeding earlier, which could be due to milder weather in winter months, so spawn can appear in the pond as early as February.

Bumblebees The first bumblebees start to return in March and these will be queens who have survived the winter months and are in search of spring flowers. *Bombus terrestris*, the buff-tailed bumblebee queen, is the largest UK species and is usually the first bee to emerge. This is the first stage of the bumblebee lifecycle as the queen feeds and begins to search for a suitable nesting site such as a hole in the ground, bird box or even under garden sheds. She will lay her first clutch of eggs and these will become the female worker bees. The larvae are fed by the queen so throughout spring you will see queen bumblebees busily collecting pollen to feed their growing workers, who will emerge as adults in the summer.

cont>

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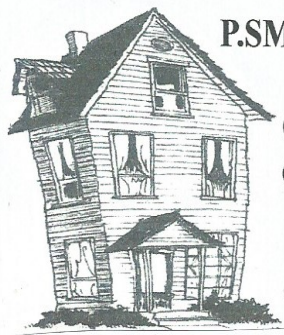
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Butterflies As spring brings out the warmer weather butterflies begin to emerge, and with their colourful wings and gentle fluttering it's easy to understand why they are such a popular sign of spring. The arrival of butterflies is also an important measure of the effects of weather on our wildlife. Many of the UK's rare spring butterflies in 2017 emerged three weeks earlier compared to 2016 and a week earlier than the average. The Butterfly Conservation believe this to be as a result of milder weather.

The Big Butterfly Count is a great way for you to get involved with the study and conservation of butterfly populations. Simply pick a spot such as a garden or park from where to watch for 15 minutes and record any butterflies you see using an identification sheet.

Badgers With striking black and white markings, badgers are one of the UK's most iconic wild mammals. While they do not hibernate, their activity is significantly reduced throughout the colder winter months, but in spring they begin to appear as warm weather brings their most favourite food, the earthworm, back to the soil surface. Groups of badgers are called a clan and they live in a sett, a series of intertwining tunnels with purpose-built chambers for sleeping or nursing. Spring is the perfect time to spot these beautiful creatures when their activity is on the rise and overgrowth hasn't blocked the view of their sett entrance entirely. Cubs are typically born in February in groups of two or three and will gradually explore the sett until mid-April when they emerge, their mother ever watchful.

Courtesy of Wildlife

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Walsham le Willows and District WI February 2022



Following thirty eight years of service as a field officer with the Health and Safety Executive it is no wonder that Graham Higgins had a wealth of anecdotes to share with us at our February meeting.

Health and Safety is often much maligned but we heard of the cruel conditions that gave birth to the present day protective legislation that we enjoy today. We also learnt of the part played by figures such as Jerusalem's author William Blake, he of the dark satanic mills, and also Charles Dickens in publicising the evils of child labour. Who knew that the chimneys in Buckingham Palace are so convoluted that they are impossible to clean? Or that child sweeps wore a numbered brass badge on their caps denoting their 'master'.

In modern times Graham recounted the long campaign to ban asbestos which accounted for many tragic deaths long after it was discovered to be the culprit. It claimed his father's life among them but happily, very recent research in Cambridge has finally discovered a possible treatment for asbestosis.

Graham's career took him all over the country, with many tales to tell, including a most alarming one involving responsibility for a consignment of several hundred deadly snakes. Graham's talk was by turns interesting, informative and entertaining.

The latter part of our meeting saw a burst of creativity! Members tried various methods of making green hearts to support the Show the Love campaign, that draws attention to climate change and bio diversity loss. Papers were folded, pleated and curled all led by Pippa. Look out for them in windows round the village or make one yourself?

Next month we learn about South America!

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ART CLUB Monday (fortnightly) 2:00-4:00pm.

Contact: Paul Weston. Tel: 07860 376592. paulwestonarchitect@gmail.com

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CRAFT CLUB Tuesday (fortnightly) 10:00am-12:00

Contact: Lynda Cotgrove. Tel: 01449 789142 / Rosemary Mees. Tel: 01449 780394

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4 rounded tbsp of mayonnaise
½ level tsp of curry powder
50g (2oz) cheddar cheese (grated)



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1. Arrange chicken and broccoli (or sliced mushrooms) in a shallow oven dish.
2. Combine the undiluted chicken soup with the mayonnaise, cream and curry powder. Spoon over the chicken then sprinkle with grated cheese.
3. Bake in oven for about an hour until the chicken is cooked through and cheese is turning golden brown.

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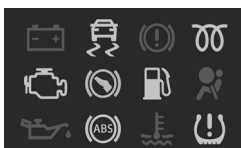
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24th	10.45am	Service at Diss URC
May		
1st	11am	Holy Communion
8th	11am	Morning Worship
15th	11am	Morning Worship
22nd	11am	Morning Worship
29th	11am	Morning Worship
June		
5th	11am	Holy Communion

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8.00am	Holy Communion	Walsham
9.30am	Holy Communion	Walsham
11.00am	Holy Communion	Wattisfield
7.00pm	Compline	Finningham
11th April	Monday – Holy Week	
7.00pm	Compline	Walsham
12th April	Tuesday – Holy Week	
7.00pm	Compline	Wattisfield
13th April	Wednesday – Holy Week	
7.00pm	Compline	Walsham
14th April	Maundy Thursday	
7.00pm	Holy Communion	Westhorpe
15th April	Good Friday	
1.00pm	Readings/Meditation	Walsham

Benefice Services April / May 2022

16th April	Easter Saturday	
9.30am	Morning Prayer	Walsham
17th April	Easter Sunday	
8.00am	Holy Communion	Badwell Ash
9.30am	Holy Communion	Finningham
11.00am	Holy Communion	Langham
11.00am	Holy Communion	Walsham
20th April	Wednesday	
9.30am	Holy Communion	Walsham
24th April	2nd Sunday of Easter	
8.00am	Holy Communion	Walsham
9.30am	Holy Communion	Westhorpe
11.00am	Songs of Praise	Walsham
1st May	3rd Sunday of Easter	
8.00am	Holy Communion	Walsham
9.30am	Holy Communion	Badwell Ash
6.00pm	Songs of Praise	Finningham
8th May	4th Sunday of Easter	
9.30am	Holy Communion	Walsham
11.00am	Holy Communion	Wattisfield
3.00pm	Evensong	Westhorpe

Readings for April

Sunday 3rd

Isaiah 43: 16-21
Psalm 126
Philippians 3: 4-14
John 12: 1-8

Sunday 10th

Isaiah 50: 4-9
Psalm 31: 9-16
Philippians 2: 5-11
Luke 19: 28-40

Sunday 17th

Isaiah 65: 17-end
Psalm 118: 1-2, 14-24
Acts 10: 34-43
John 20: 1-18

Sunday 24th

Exodus 14: 10-end 15: 20-21
Psalm 118: 14-end
Acts 5: 27-32
John 20: 19-end

Readings for May

Sunday 1st

Zephaniah 3: 14-end
Psalm 30
Acts 9:1-6
John 21: 1-19

Sunday 8th

Genesis 7: 1-5, 11-18
Psalm 23
Acts 9: 36-end
John 10: 22-30

Sunday 15th

Genesis 22: 1-18
Psalm 148
Acts 11: 1-18
John 13: 31-35

Sunday 22nd

Ezekiel 37: 1-14
Psalm 67
Acts 16: 9-15
John 5: 1-9

Sunday 29th

Ezekiel 36: 24-28
Psalm 97
Acts 16: 16-34
John 17: 20-end

Benefice Services May / June 2022

15th May

8.00am
9.30am
11.00am

5th Sunday of Easter

Holy Communion
Holy Communion
Songs of Praise
Walsham
Finningham
Walsham

18th May

9.30am

Christian Aid

Holy Communion followed by
Christian Aid coffee morning
Walsham

22nd May

8.00am
9.30am
3.00pm

6th Sunday of Easter

Holy Communion
Holy Communion
Evensong
Walsham
Westhorpe
Langham

29th May

9.30am
11.00am

Sunday after Ascension Day

Holy Communion
Holy Communion
Walsham
Finningham

5th June

8.00am
9.30am
11.00am

Pentecost

Holy Communion
Holy Communion
Songs of Praise
Walsham
Badwell Ash
Walsham



Holy Week