

The Benefice of Badwell & Walsham

Rector: Rev'd Philip Merry 01359 258806
07526 271784
(philipmerry@hotmail.co.uk)

Retired Priest : Rev'd Pamela Robson 01359 269278
(robsonpam@btinternet.com)

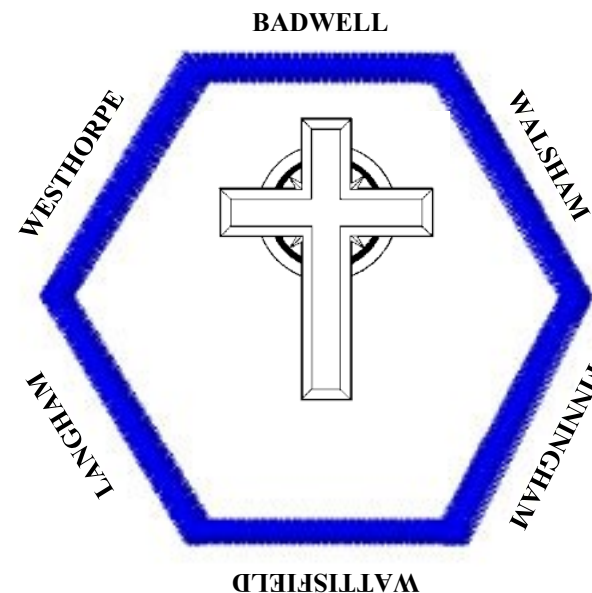
Benefice Readers: Ian Jackson 01449 781392

Reader Emeritus: Freddie Montgomery

Benefice Elders: Marion Bell 01449 782072
Denise Merry 01359 258806
Jill Scarfe 01359 258849
Andrew Strickland 01449 781487

Benefice Safeguarding Officer:
Tracey Gorzelak 01359 258529

The Benefice of Badwell & Walsham



Hexagon
October – November 2022

HEXAGON

Please send your articles, jokes, fundraising event reports, puzzles, recipes and Church announcements for inclusion in this magazine to the Editor: Debbie on 01359 259686 or debbiewatson2916@gmail.com

COPY DEADLINE Last date for items for inclusion in the next issue is
Fri **4th Nov 2022**

Advertise your fundraising or community event for free.

The Hexagon is delivered to over 1500 homes

Advertise your local business here.

Advertising Rates

FULL PAGE	single issue £30	3 issues £60	6 issues £120
HALF PAGE	single issue £20	3 issues £40	6 issues £80
QUARTER PAGE	single issue £15	3 issues £30	6 issues £50

Contact Judith on 01359 258251 or judith@gharlow.plus.com

PRIORY ROOMS, WALSHAM-LE-WILLOWS

The Priory Rooms in Walsham are available to hire for private functions.

For bookings or further information please contact
John Boulter

Tel: 07908 010555 or Email: johnboulter@yahoo.com

QUEEN ELIZABETH II - AUTUMN and REMEMBRANCE

As our nation, and indeed the Commonwealth and beyond, comes to terms with the death of Queen Elizabeth II, this autumn season may for many take on a rather more melancholic air than it otherwise would.

November especially, can be a somewhat reflective and sad month for so many; All Souls Day on the 2nd November when we remember those dear to us who we no longer see, and of course, both Armistice Day on the 11th and Remembrance Sunday on the 13th, when we remember all who have lost their lives in conflicts, both past and present.

These occasions may well seem somewhat strange this year without Her Majesty the Queen being present; having for so long been both a Christian presence and a constant in our lives.

The Church of England has lost it's Supreme Governor of 70 years, a Servant Monarch who with true humility adhered to the words of the Prayer Book; 'knowing whose Minister she is,' and governed 'godly and quietly.'

It is well worth emphasising again her dedication speech made upon her 21st birthday in 1947;

'I can make my solemn act of dedication with a whole Empire listening. I should like to make that dedication now. It is very simple. I declare before you all that my whole life, whether it be long or short, shall be devoted to your service and the service of our great Imperial family to which we all belong.'

An act of dedication which the Queen adhered to until literally the very end of her life. As the Archbishop of Canterbury stated; 'We remember her not for what she had, but for what she gave.'

cont>



**WE'LL TREAT YOU
*LIKE ROYALTY***



With Allhomes, we offer you your own personal property website to share with friends and families to help get you moving.

Contact us to book your **FREE** property valuation today.

01359 234444
mail@allhomes.uk.com
allhomes.uk.com

allhomes
town & country



COMMUNITY YOGA FOR HEALTH

Walsham Community Yoga on Thursdays
in the **Priory Room** from 7.15 to 9.15pm.
This will be in adherence to COVID social distancing regulations.

Newcomers always welcome and no experience required

Please contact Julia (British Wheel of Yoga) 07980476140

dunnicliffej@hotmail.com

<cont

It will be upon Christmas Day when we shall especially remember the Queen, but by her absence. For 70 years the Queen has broadcast in one form or another, certainly all my Christmases we have heard her voice! The voice of a woman who showed Christ to the world in her actions, speech, devotion and her loving authority. Each Christmas she shared her faith in Jesus Christ, and reminded us of hope, and God's joy. It may never be quite the same again.

But time never stands still, and as we mourn the Queen's passing, so as a nation we give thanks for our new Monarch, and the Church gives thanks for a new Supreme Governor, King Charles III – God Save the King!

Elsewhere in this magazine are details of the 'All Souls Service,' and of the Acts of Remembrance and church services for Armistice and Remembrance Sunday across the entire Benefice.

Philip
Benefice Priest

ST MARY'S WALSHAM LE WILLOWS BELLS



St Mary's Bell ringers joined in the tribute to her majesty Queen Elizabeth II on Friday 9th September when the tenor was rung, half muffled, 96 times.



**Local Caring Independent
Funeral Service**

24 Hour Personal Service * Private Chapel
* FREE Parking

www.andrewbingham.co.uk

01449 771666

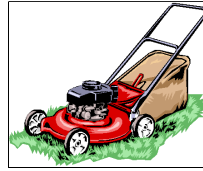
The Nutshell, Milton Road South, Stowmarket,
IP14 1EZ



Golden Charter
Funeral Plans



**GRAHAM
STAFF**



**LAWNMOWER
SERVICING AND
REPAIRS**

EXPERIENCED ENGINEER

QUICK TURNAROUND

Walsham-le-Willows

Tel 01359 259650

Community Council Food Bank



**This facility is now open to provide
emergency supplies to residents in
Walsham le Willows, Badwell Ash,
Finningham, Langham, Wattisfield and
Westhorpe who need help during these
difficult times**

**Please donate long life foods and personal
hygiene products to our collection point in the
Memorial Hall or contact us to arrange a collection.**

**If you're struggling for whatever reason please
contact us for some supplies. All contact will be
confidential so no one will know that you've asked.**

**To help, get involved or to discuss your needs please
contact Amanda on 01359 258646 or
email wlvcommunitycouncil@outlook.com**

Theobald's Restaurant Ixworth

Opening Hours

Dinner Friday and Saturday

Sunday Lunch plus lunch on the last Friday of the month



For current menus see our website www.theobaldsrestaurant.co.uk

**Tel 01359 231707
68 High Street Ixworth IP31 2HJ**

WATTISFIELD COMMUNITY CENTRE

Anyone wishing to hire the hall or for further information please

visit www.wattisfield.org.uk or

Email: wattisfieldcc@gmail.com

SM PEST CONTROL SERVICES

Pest Control for your home and business

Local and experts in dealing with: Rats, Mice, Squirrels, Cluster Flies, Fleas, Moles, Rabbits, Bed Bugs, Carpet Beetle, Moths, Woodworm, Wasps, Hornets and Bees

Free Advice with all treatments
BPCA Member
Fully Insured

19 Richer Close Badwell ash
01284 544842
info@smpestcontrol.co.uk
www. smpestcontrol.co.uk




DSR PROPERTY MAINTENANCE

GENERAL BUILDING AND PROPERTY REPAIRS

*New builds, Extensions, Garage, Room conversions, Roof repairs
Concreting, Patios, Walls, Re-pointing, Brickwork,
Gutter repairs, Fencing, Sheds,
Wall and Floor Tiling
Painting and Decorating*

For free estimations call Dean on 07968 483055 / 01359 242438



Amanda Braham
Maker of hand made Curtains, Blinds &
Soft Furnishings.

Willowcroft, Langham Rd,
Badwell Ash, Bury St Edmunds,
Suffolk IP31 3DS

01359 259752
07952883790

REMEMBRANCE

There will be an Act of Remembrance by the War Memorial outside St Mary's Church Walsham at 10.50am on Armistice Day, Friday 11th November.

On **Remembrance Sunday** Sunday 13th November the following Worship will take place across the Benefice:

Badwell Ash **10.15am** Service in Church followed by Act of Remembrance at the War Memorial

Finningham **10.50am** Act of Remembrance at the War Memorial

Walsham **10.50am** Act of Remembrance at the War Memorial followed by Service in Church and refreshments

Wattisfield **10.50am** Act of Remembrance at the War Memorial opposite the 'green' followed by Service in St Margaret's Church and refreshments; a combined Service with the URC.

Westhorpe **10.50am** Act of Remembrance at the War Memorial

STIR-UP SUNDAY and CHRIST the KING SUNDAY 20th NOVEMBER

There will be an **ALL-AGE** service in Finningham Church at 11.00am to celebrate Christ the King and remember the tradition of 'Stir-up Sunday.' This is a very informal service when Christ the King Crowns can be made, along with Advent calendars and the traditional Christmas Pudding will be stirred. There will be informal worship, refreshments and Christian Fellowship. **ALL-AGES** are warmly welcome.

Pawfect Moments Dog Walking and Petcare

(Badwell Ash and surrounding villages)



I am available to walk your dog/dogs, provide doggy day care, pet sitting and home visits for feeding, medication and toileting.

I appreciate that all pets are different and have a variety of needs. Therefore I always start each new relationship with a free initial home visit. I am fully insured, have attended a Canine First Aid course and am currently studying with the British Canine College for a Diploma in Professional Dog Walking.

I'm looking forward to hearing from you.....



Caroline Morris: 07843 248 411

cdv_11@hotmail.com

Web address: pawfectmoments.co.uk

Facebook: Pawfect Moments Pet Care

HAUGHLEY HOOFS NORTH WEST MORRIS

Like music? Like dancing?

Why not have a go at something a bit different?

We're a friendly group, it's good exercise and it's fun!

No experience needed and no obligation.

New dancers and musicians welcome (portable acoustic instruments).

Practice sessions from 18th September 7.30 – 9 pm
Haughley Village Hall, near Stowmarket.

Ring 01449 766747 (Sue) or 01449 673518 (Gill) to find out more.



Find **Haughley Hoofers** on Facebook

ADVENT SUNDAY

SUNDAY 27th NOVEMBER

St Mary's Church Walsham will be hosting an **Advent Sunday** Songs of Praise/Carol Service at 11.00am, all are very welcome. I am sure this will be popular with all who enjoy singing. The hymns will largely be Advent Carols. Refreshments will follow.

COMPLINE SERVICE FINNINGHAM CHURCH

There will be a service of Compline at 7.00pm in St Bartholomew's Church on **Advent Sunday 27th November**. Compline is a quieter, short, more reflective, traditional, contemplative service with its origins in the Monastic tradition of the 7th Century. During the month of December, leading up to Christmas, further Compline Services will be held across the Benefice, details will follow in the next Hexagon and on the church notice-boards.

BENEFICE BIBLE STUDY

A very informal and basic Bible Study will be held in Finningham Church on Mondays 5th, 12th, and 19th December, 2.00pm-3.00pm. All are very welcome.

Cancer Research UK Fundraising

I would like to sincerely thank the people who so kindly sponsored my climb up & down Snowden which myself and 16 of my family completed on Saturday 25th June 2022. I was able to donate £1,097.00 + £450 giving page to Cancer Research U K.

My heartfelt thanks to you all
Margaret Miller

Langham Clinic.



01359 258 700

www.langhamclinic.co.uk

info@langhamclinic.co.uk

Manicures & Pedicures
Alexander Technique
Waxing
Ear microsuctioning
Yoga therapy
Nutrition
Massage
Aromatherapy
Skin tag removal
Counselling
Red vein treatment
Facials
Reflexology
Oncology massage
Pilates
Hot stone massage
Electrolysis
Dr. Hauschka Treatments



Carberry
Plumbing &
Heating Ltd

Free quotations
Oil boiler servicing
Boiler replacements
Underfloor Heating
All aspects of domestic plumbing
& heating
Complete bathroom installations
Professional and friendly service

Call Jonny 07506 706121

carberryplumbing@gmail.com



ST.MARY'S CHURCH WALSHAM



HARVEST THANKSGIVING SONGS OF PRAISE

**2ND OCTOBER at
11.00**

**Refreshments after the
service**

*Upstairs
Downstairs*
A PREMIER CLEANING SERVICE

.... Bringing a sparkle into your home

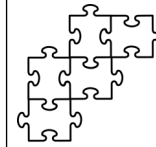
Regular Housework
Trained Personnel
Safe, Secure and Fully Insured
No hidden administration charges

**Tel: Gigi Wadham-Smith
on 07580314010
or email: gigi@upstairsdownstairs.biz**

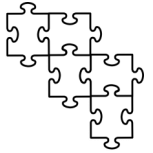
Timber Lodge Rookery Lane Walsham-le-Willows Suffolk IP31 3BD
Visit us at: www.upstairsdownstairs.biz



All Vehicle type repairs and Maintenance, including:
**MOT Prep and Arrangement
Servicing
Diagnostic Fault Reading
Breakdown and Recovery
Air Conditioning
Tyres, Batteries and Exhausts
Welding and Bodywork
Restoration Projects**
**Tel: 01449 781927 07801989357
MJHardwick@BTconnect.com**



JIGSALE



Saturday 8th October 2022 at Walsham le Willows Memorial Hall

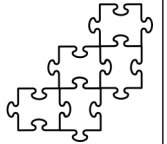
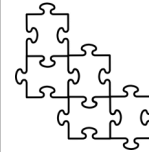
10am – 12.30pm

Jigsaws for any age, re-cycled, up to 1000 pieces

Tea, coffee, cakes and savouries will be on sale

All proceeds in aid of Motor Neurone Disease

call Debbie Watson on 01359 259686



Beginners Guitar
Ricky Wilkinson MBE ricky5844@aol.com

Learning Folk Guitar for children year 2 and up.



Hi. My name is Ricky Wilkinson and I live in Westhorpe. Until lockdown I was teaching guitar in Guildhall Feoffment Primary School in Bury St Edmunds. I also run Phoenix Children's Folk Group based in Bury St Edmunds. Members learn to play and sing plugged in to our sound system for charities, festivals and various concerts.

In Folk Guitar children learn songs to sing accompanied by a variety of plucks and strums on guitar to enable them to perform solo or in a group. My Phoenix group performed all the music for Langham Church Carol Service last Christmas on 12th December 2021.

If you know a child who would like to learn to play guitar and sing so they can perform, please email me for further details. I can give private lessons in your home or if there are 6 or more wishing to learn I can use Westhorpe village hall at a suitable time after school which would be much cheaper than individual private lessons. I am DBS checked to teach guitar and run the Phoenix group. Parents are always welcome to stay and watch.

30+
YEARS
TRADING

WILLOWSERVE LTD

Plumbing, Heating & Building Refurbishment Services

Bury St Edmunds

For a Professional, Reliable service & quality workmanship you can trust.

- *All types of Heating Installed
- *Replacement boilers / Hot water cylinders
- *Specialist boiler servicing & Repairs
- *Worcester Bosch Accredited Installers offering up to 12 year Guarantee.
- *Wet & Electric Underfloor heating
- *Bathroom s & Wetrooms Designed and installed.
- *Disabled Adaptations
- *Ceramic, Porcelain & Natural stone floor and wall Tiling.
- *All types of flooring
- *Painting & Decorating Inside & Out.
- *Carpentry
- *Fully Fitted Kitchens Supplied & Fitted
- *Plastering
- And Much More.....



Checkatrade.com

Visit our website today for the full list of the services we provide.

WWW.WILLOWSERVELTD.COM

TEL: 01359 259886

WALSHAM History Group

presents



FORGOTTEN SENTINEL

The rediscovery of a WW1
aerodrome in the Elmswell/Great
Ashfield area, by Peter McGee.

Wednesday 19th October 2022 at 7.30pm

The Priory Room, Walsham-le-Willows.

Members free. Non-members £5.00.



St Mary's Church
Walsham le Willows

Lunchtime Recital

Tuesday 25th October

12.15 to 1.00pm

Piano: Jackie Cuninghome Clarinet: Sarah Dunsdon

Free Entry / Light Refreshments / Donations Welcome

DJS BLINDS & CURTAINS

- ✓ ROLLERS
- ✓ VERTICALS
- ✓ VENETIANS
- ✓ ROMANS
- ✓ SHUTTERS
- ✓ CURTAINS

A vast range of fabrics to choose from.

All made to measure.

FREE MEASURING SERVICE
FITTING ALSO AVAILABLE

Contact Dave: 07723354601

djsblinds@outlook.com

www.djsblinds.co.uk

VINTAGE TEA PARTY

FRIDAY 28th October at 2.30pm
Priory Room Walsham le Willows



Sandwiches/cheese scones/cream teas/cakes
Dietary requirements taken care of
£6 per person
Raffle.

Proceeds to the Community Bus.
Please ring Jeannie-01359 258596 to book.

WALSHAM - LE - WILLOWS MEMORIAL VILLAGE HALL

Walsham le Willows Memorial Village Hall is a COVID Secure venue and is available for hire email ferretjim@msn.com or tel 01359 258646
There are also a variety of activities happening at the hall:

Community Lunch 12.45 pm (second Monday of each month)
Contact : Shirley White tel 01359 258532

Self Defence Class Tuesday 6.30pm
Contact: Andy at info@rbmdynamics.com

Pilates Wednesday 9.15am -10.15am
Contact: Lara at contact@larapepper.com

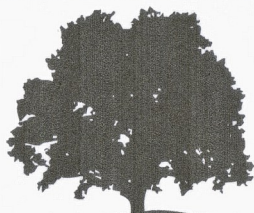
Coffee shop Thursday (weekly) 10.30am - 12 noon
Home-made cakes and savouries, teas, coffee and cold drinks. All welcome

Post Office Van Thursday (weekly) in the village hall car park
11am - 12 noon.

Saturday (last Saturday of each month) BASIC LIFE Pop up shop
10am - 12 noon Pay £2 for a bag, then help yourself to whatever we have, being mindful of others.

ARBORICULTURAL AND LANDSCAPE SOLUTIONS

ALL ASPECTS OF TREE SURGERY
SOFT AND HARD LANDSCAPING
MAINTENANCE AND LAWN CARE
DOMESTIC & COMMERCIAL CONTRACTS
FULLY INSURED
NPTC QUALIFIED



GREEN SCENE

CONTACT FOR FREE QUOTATIONS AND ADVICE

01359 298141 / 07866 866880

INFO@GREENSCENETREESURGERY.CO.UK

Becky Cruickshank Personal Training, Fitness Classes & Pilates

PILATES (1 hour):

Cotton Village Hall	Mondays	7.20 p.m.
Gislingham Village Hall	Wednesdays	9:15 a.m.
Gislingham Village Hall	Wednesdays	10:15 a.m.
Westhorpe Village Hall	Wednesdays	12:15 p.m.

TOTAL FITNESS (45 mins):

Gislingham Village Hall	Thursdays	6:15 p.m.
Gislingham Village Hall	Thursdays	7:15 p.m.

GENTLE FITNESS (45 mins)

Westhorpe Village Hall	Fridays	10:00 a.m.
------------------------	---------	------------

Come and give them a try!

For more information contact Becky on
07734 414151/beckycruickshank@btinternet.com



CRAFTEA TIME



On the first Wednesday of each month at we meet
at Wattisfield URC for an afternoon of crafts,
tea, biscuits and chatter.

Dates and times:

5 October 2-4pm, 2 November 1-3pm, 7 December 1-3pm
Everyone is welcome to join us with your craft project
or just for a time with friends.

Contact Mary 01379 898233 for more information.

WALSHAM LE WILLOWS SPORTS CLUB

Walsham Sports Club in Summer Road is a thriving local community
facility offering sporting/exercise opportunities to everyone.

Regular Weekly Activities

Walking Netball Tuesday 10 – 11am & Thursday 6 -7pm
Indoor Carpet Bowls Wednesdays 2.30 – 4.30 pm
Senior Football (over 40's) Monday 8 – 9 pm
Senior Football (over 50's) Tuesday 2-3pm
Walking Football Thursdays 2-3pm
Yoga Thursday 1.15- 2.15pm
Cardio Tennis Friday 12 – 1pm



Social Events October/ November 2022

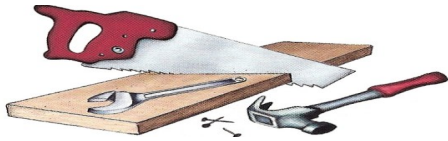
Halloween Disco 29th October 7pm Fancy Dress optional
Quiz night 19th November 7pm start £10 per team

Football World Cup games

England v Iran 21st November 1pm
England v USA 25th November 7pm burger & pint offer
England v Wales 29th November 7pm Welsh Rarebit available at half time

Sunday night Bingo 2nd, 16th, 30th Octoberth, 13th, 27th November 7pm start

For further information and to check for any at/time changes for events please
visit our website <https://walshamsportsclub.co.uk> or contact Jan 07874898825.



Home Repairs
Maintenance
Kitchens
Bathrooms
Tiling
Pressure Washing
Flat Pack
Assembly
Decorating
Shelving
Odd Jobs

No job too small

Call me today for a free
quotation

Professional Service
Fully Insured

Nigel:
07765400464
nedsolutions@outlook.com

N.E.D Solutions
Home Maintenance & Installations

nedsolutions@outlook.com
07765400464

ADRIAN SAYER
OIL HEATING SERVICES
EST. 1999

**BOILERS AND
COMPLETE SYSTEMS**

**SERVICED AND
REPAIRED**

**BREAKDOWNS
ALWAYS A PRIORITY**

01359 220119
07956 094433



HARRIS HEATING SOLUTIONS
Oil Boiler Specialists

- Boiler Servicing, Breakdowns and Repairs
- Central Heating Installations and Repairs
 - Hot Water Cylinders
 - New Boiler Installations
- General Plumbing Works

10 years
experience
on all makes
and models of
oil fired
boilers

To book an appointment or for a free quote
call Michael on 07523 736212
Email: HarrisHeatingSolutions@outlook.com
Facebook: [Harris Heating Solutions](https://www.facebook.com/HarrisHeatingSolutions)

Fully insured, All parts and labour guaranteed.
2 Honeymoon Cottage, Norwich Road, Barham



G HUBBARD

Building and Groundworks
25 years experience
new builds, extensions
plastering & tiling
roofing, fascias & guttering
re-pointing
concreting
landscaping & patios
driveways, fencing & gates etc.

Free quotations
Call Gavin

07899 835781

**ARCHITECTURAL
PLANS**

Plans drawn especially for you when
planning consent is required from the
council

Drawings necessary when discussing your
proposed scheme with the builder

If your thinking about an extension or
alterations to your house give me a call I'm
happy to meet to discuss your idea

DEREK IRISH
Mob: 07894 455479
Home 01449 780144
30 years experience,
reasonable fees

Stuart Walker
Decorating, Painting and Refurbishments
A locally based company offering an honest and reliable service.

Painting—Decorating—Refurbishments—Repairs
All work considered indoors and out!
Fully insured and free quotations provided

Please contact Stuart on: 07711606464 or stuma1@hotmail.co.uk

Lamberts Service Station Ltd

Shop Green, Bacton, Stowmarket, IP14 4LG, Tel: 01449 781260 Mobile: 07834 778116
www.lambertsservicestationltd.com Email : lamberts.1@btconnect.com



Car Service, MOT Testing and Repairs

We have a fully equipped workshop where all manner of repairs can be undertaken. An MOT testing station and a Body Shop where we can undertake Insurance accident repairs, general repair work and re-sprays. We also operate a Recovery service which includes Home Starts. We are one of the few remaining rural Petrol Filling stations and offer forecourt attended services.

Please visit our website for full list of services.

WORKSHOP

Service all Makes and Models
Air Conditioning
Engine Diagnostics
Fault Finding
Engine Management Lights
Exhausts
ABS

MOT TESTING

MOTS while you wait -
By Appointment
Petrol
Diesel
Electric
Hybrids

BODYSHOP

Accident Work
Body Work Repairs
Paint Work
Re-Sprays
Welding

FORECOURT SERVICES

Petrol and Diesel
Tyre Pressure and Levels
Checked
Bulbs Fitted While You Wait
Antifreeze Check

ITEMS STOCKED

Tyres
Batteries
Wiper Blades
Bulbs
Calor Gas

RECOVERY SERVICE

Home Starts
Breakdown
Accident Recovery



**Competitive prices on Tyres - Quotes given
Free no obligation Estimates on work needed**

Saturday 1st October 10.30-12.30pm ~

Harvest Puddle Duck Café

Please bring any donations you would like to add to our harvest display; dried, tinned or fresh produce welcomed (all for charity - see below)

Sunday 2nd October 11am ~

Harvest Family Service with harvest display at Wattisfield URC led by Rev'd Lythan Nevard

Monday 3rd October 7.15pm ~

Auction of harvest donations at Wattisfield URC

To raise money for **RABI** - Royal Agricultural Benevolent Institution, who support farming communities.



ART & CRAFT EXHIBITION AND SALE

Organised by Westhorpe Art Club and Craft Group

**SATURDAY NOVEMBER 5TH
IN WESTHORPE VILLAGE HALL
10:00 AM TILL 4:00 PM**

Free Entry

Various art and craft stalls displaying work and items for sale. Think Christmas gifts!

Refreshments by Westhorpe Cafe



TIME FOR YOU™

DOMESTIC CLEANING

Are you tired of cleaning?



We have the
right cleaner
waiting
to help
you.

Regular - Weekly - Cleaner

01359 258991

Typically £15 per hour

www.timeforyousuffolk.co.uk



FHT IHBC IIHHT

Facials Massage Waxing
Manicures & Pedicures Lash & Brow Tinting

Highly Experienced Therapist offering professional,
classic treatments from a bespoke treatment studio,
set in private, tranquil surroundings, in Wortham.

For more information or to book your treatment
please contact Louise 07711 524019
www.loualexanderbeauty.co.uk
loualexanderbeauty@gmail.com



COUNTRYSIDE, CONSERVATION & TREE SERVICES

Peter Kerry

01359 230100
07792 995483

peterkerry2018@gmail.com

www.cctrees.co.uk



SPECIALISTS IN

Tree surgery
Hedge management
Fruit tree pruning
Landscape projects
Fencing



£5,000,000 public liability insurance

The Old Tea Room Veterinary Surgery

Elmswell

For a professional caring service



Independent practices with a personal approach

Stowmarket

Stowe Veterinary Centre
01449 613 130 • stowevets.co.uk

Stowe Farm and Equine Centre
01449 776 201

Ipswich

Ipswich Veterinary Centre
01473 555 000 • ipswichvetcentre.co.uk

Bury St. Edmunds

Moreton Hall Veterinary Centre
01284 747 000 • moretonhallvets.co.uk

Needham Market

The Mustard Pot Veterinary Surgery
01449 722 198 • needhamvets.co.uk

Elmswell

The Old Tea Room Veterinary Surgery
01359 241 761 • elmswellvets.co.uk

davidleaver11@gmail.com




SUFFOLK CARPENTRY

*Reliable,
Professional Service*

DAVID LEAVER
Tel: Elmswell 01359 240252

Lyndhurst, Elmswell Road, Great Ashfield,
Bury St Edmunds, Suffolk IP31 3HH

SUFFOLK
AGRI - CENTRE LTD
GROUND CARE

WE NOW STOCK
CALOR GAS 
CALOR

SUPER DEALS ON....

**LAWNMOWERS, STRIMMERS,
CHAINSAWS AND HEDGE CUTTERS**

ATCO **COUNTAX** **TIGA**

Lawnmowers, Chainsaws, Strimmers and Hedgecutters

CALL IN TODAY OPEN MON-FRI 8-5 SAT 8-12

Suffolk Agri Centre Ltd, Fen Road, Pakenham, Bury St. Edmunds, IP31 2JS

Tel: 01359 232155

Service you can count on!



REASONABLY PRICED SERVICING

Our set service **ALL** makes
Walk behind **£80** inc vat
Ride-ons up to 30" **£155** inc vat
Lawn Tractors over 30" **£195** inc vat
Cylinder Grinding also available

Walsham le Willows and District WI
August 2022

theWI
INSPIRING WOMEN

In the end the copious arrangements for wet weather (Thank you Philip) were not needed and another scorching day turned into a perfect balmy evening with a light breeze to soothe the ladies of the WI arriving for their Walking Netball taster session. We registered a good turnout and the footballers at their usual session may have wondered at the peals of laughter, chuckles and giggles coming from the tennis court as we were put through our paces by our delightful and ever encouraging tutors Tammi and Jan. Donning appropriate position jackets there was time for a quick game, where it was noted that successful scorers were not necessarily the tallest members! We learned not to run with the ball and which lines we could safely cross without being brought up short by the ref's whistle! A reviving cup of tea followed. A lovely evening and not a drop of rain in sight!

We note that some members already join the sessions at the Walsham Sports club on Tuesday am and Thursday pm.

The meeting closed with thanks to Tammi and Jan. for sharing their expertise with us. Our next meeting 14th Sept has an Australian theme.

Jill Newell

PROGRAMME OF EVENTS

October 12
Girls of Little America - Sophie Green 7.45pm

September 14
Christmas Stencilling - Joe Green
Priory Rooms 7.45pm

NEW MEMBERS ALWAYS WELCOME
Ladies are able to attend 2 meeting free of charge before joining

TankChange Ltd.

Suppliers & Installers of Oil Tanks

Family Business with Over 40 Years Experience
Steel & Plastic Oil Tanks available
Fully Insured OFTEC Registered Engineers.

Telephone: 01449 781210 (Out of Hours: 01449 781498)
Mobile 07899 898720
Email: Terry@tankchange.co.uk
Visit our Website@: WWW.tankchange.co.uk

Discounts available to Parish Magazine readers



Shine n Clean

Residential and commercial window cleaning.

A reliable window cleaning service using the latest pure water and reach & wash cleaning systems, leaving glass sparkling clean for weeks, no mess, no smears and no harmful chemicals.

01359 259376

ALL SOULS DAY

There will be a service at 7.00pm on **Wednesday 2nd November** in St Mary's Church Walsham to remember the departed. This will take the form of a short simple Said service of Compline during which the congregation are warmly invited to light candles in memory of family and friends no longer with us. Names of the departed will be read out and whether or not you wish to attend the service, you are welcome to pass on the names to myself, and I will have them read during the service. Refreshments will follow.

Philip Benefice Priest

BADWELL ASH VILLAGE HALL FUTURE EVENTS

Table Top Sale

29th October 2022

10am till 2pm

Teas, Coffees and Cakes

Stalls: Craft - Gifts - Bric a Brac - Toys - Books - And much more

Need a Stall—call Jenny on 07933 525268

All Welcome

Christmas Coffee Morning Brunch

2nd December 2022

10am till 2pm

Sausage Rolls, Bacon Rolls, Teas, Coffees, Mince Pies and Cakes

Grand Raffle

Meet your friends and neighbours. Enjoy the Christmas Spirit



NICEIC
APPROVED
CONTRACTOR

Paul Parsons Electrical

Finningham, Stowmarket, Suffolk

From a new socket to a rewire
A professional service at a reasonable

Tel: 07786 558 510

Part P

Little Willows Pre-School
Open term time - Monday to Friday 8.45 - 2.45

Wrap around care available - Breakfast Club 8am - 8.45 and

After School 2.45pm - 4.30 or 5.30pm

Experienced, qualified, dedicated staff,
offering childcare and

education to children aged 2 - 5 years

Ofsted inspection rating - GOOD

Please contact us for more information

PRIORITY IS GIVEN TO FUNDED CHILDREN

Phone: 01359258702

email: sarah.littlewillows@googlemail.com or

office.littlewillows@gmail.com

Charity number:1050897



REMEMBRANCE DAY

**St. Margaret's Church
& the Wattisfield URC**

Sunday 13th November

10.50am – by Village Sign

Then Service in Church @ 11am

**Join us in remembering
the 17 men from our village who
gave their
all for us.**



Refreshments will be served after the service.

TOMLINSON GROUND CARE



JOHN DEERE

Horticultural & Garden Machinery Suppliers

Sales Service Parts Repairs Toys

Ride on mowers from £1899 inc vat

Walk behind petrol & battery mowers from £249 inc vat

Strimmers, hedge cutters, blowers, chainsaws etc

Garden tools, paddock & turf machinery

Service & repair all makes



Set in over 20 acres - Try before you buy

Established in Buxhall since 1991 - We hope to see you soon

Brettenham Road, Buxhall, Stowmarket IP14 3DL
01449 736060 www.tomlinsongroundcare.co.uk

AL-KO

EGO

ECHO

WEIBANG

MADE TO MEASURE

Curtain making

Roman Blinds

Cushions

Fabric Samples available

Over 30 years' experience

Call Dena on 07842 110240

LESSONS LEARNT AFTER THE DRY SUMMER OF 2022

September brought an end to the summer drought where Suffolk saw no significant rainfall for over 2 months. Autumn gives us an opportunity to make our gardens and allotments more resilient to drought for next year - here are some tips from RHS website:

1. Add organic matter to your soil now – whether it is your homemade compost, or pick up bags of local horse manure or the recycling centre's green waste - Digging in two bucketful of organic matter such as well-rotted manure per square metre will add to the water-retaining capacity of the soil. As much as two weeks moisture for subsequent crops can be retained.
2. Don't cultivate the soil in April – this leads to the greatest water loss – instead simply lightly fork and rake before sowing.
3. Make the most of the autumn warmth and get ahead by sowing winter hardy crops - Broad beans, Japanese onions, and garlic. Winter hardy lettuces will germinate now and then grow quickly in the spring. Spring Cabbage plants, Kale and broccoli plants if available can be planted in early autumn for harvesting in Spring. Remember to cover these crops from pigeons!
4. Sowing early, before May where possible, this will allow crops to root out into moist soil before severe drought arrives. Drought stress becomes severe in most dry years from June.
5. Later sowings, typically after May, might have to be made into dry soil. Where this is the case applying water down the drill (groove cut in soil) before sowing is a water efficient way of ensuring good germination.

cont>



MACK HEATING SERVICES LTD

OIL FIRED PLUMBING & HEATING SPECIALIST

- Boiler replacement
- Oil tank replacement
- Boiler Servicing
- General plumbing & heating
- Breakdowns
- AGA Servicing

07931 900036  mackheating@outlook.com
mackheatingservices.co.uk

ROOFLINE – PLUS



Look Up!

BUILDING & ROOFING CONTRACTOR
CHIMNEYS REPOINTED/REBUILT/REMOVED
HOUSE/WALL REPOINTING
GUTTERING/FASCIA REPAIRS/ROOF REPAIRS
30+ YEARS EXPERIENCE – ALL WORKS GUARANTEED
FOR FRIENDLY ADVICE AND A FREE CONSULTATION CALL
01449 763218 – 07500 823292

<cont

6. Vegetables vary in their ability to cope during a drought.

- Carrots, beetroot, parsnips and other root crops are relatively drought tolerant
- Salads and other leafy vegetables are particularly vulnerable
- Plants that set fruit or pods are most vulnerable at flowering time. Examples include peas, runner beans and sweetcorn
- Peas and onions have notably poor roots and low yields must be accepted where drought occurs unless watered
- Amongst brassicas - cabbage and calabrese are less vulnerable than Brussels sprouts and cauliflowers, while turnips are notably deeper rooting and more drought resistant than swedes
- Chicories, endives and chards are likely to require less water than lettuces or spinach

There is usually not much information on differences in drought tolerance between cultivars. An exception is potatoes where some cultivars are notably better at using water; 'Desiree', 'Marfona' and 'Robinta' for example.



WALSHAM History Group
presents

HARVEST TIME

& HORSEMEN'S MEMORIES

*Rural life in 1900.
 A look back at a different era.
 A talk by Ashley Cooper.*

Wednesday 16th November 2022 at 7.30pm
*The Priory Room, Walsham-le-Willows.
 Members free. Non-members £5.00.*

THE
**LOG BURNER
BARN**

01379 454299



- ✦ Full installation service
- ✦ Hetas registered engineer
- ✦ Eco Design 
- ✦ British and Danish made stoves
- ✦ Energy Efficiency Class A+
- ✦ Free survey & Quote



Show room open Tues-Fri 10-5 Sat 10-1 visit:
Aldridges Farm Fressingfield Road Laxfield IP13 8EN
www.thelogburnerbarn.co.uk

Transport Needed?

The Rickinghall & District Community Bus is available for hire to readers of this publication. Typical journeys include - shopping trips, health centre visits, dentist, optician, chiropodist, hospital appointments and visits.

The bus is also available for visiting friends and relatives, in fact pretty well anything you need. Door to door service, any help a pleasure. Wheelchairs no problem.

Please telephone Gordon on 01379 897 109 (24/7 ansaphone).

We continue to fund raise for a new bus. Donations of Bric-a-brac, clothing, shoes, belts, jewellery and handbags can be left at::

The Corner Bungalow, Hinderclay Road, Wattisfield IP22 1NF
or
telephone 01359 251221 for collection.

Walsham Arts Group Annual Exhibition

Priory Rooms, Walsham le Willows. IP 31 3AB
Saturday 26th until Monday 28th November 10am-6.00pm

We are a group of local artists working in a variety of media showing our skills at the annual show. This year in addition to our core group of painters, print makers, a potter, jeweller, metal worker and glass artist, we have invited guests showing painting, photography and sculptures from recycled materials. We returned to the Priory Rooms in November last year and are all working hard making new work for the coming show. We are all aware that there have been many new folk in the villages during the past couple of years and warmly invite you to our show to buy gifts and handmade items that are unique to our village. You will be guaranteed a very warm welcome and an exciting show. Payments at the show are by cash or cheque only.

For further information contact: Peter Rudderham 01359 259433
or Helen Dougall helen@hdbatik.co.uk.

Hedgehogs in September

Most Hoglets are born around June/July time but many females have second litters around September /October time. The mother won't hibernate until the babies have left home and their young will then face a battle to reach hibernation weight before winter.

Please take special care if you rake up leaves as hedgehogs could have made their homes there. If possible make safe places for hedgehogs to hibernate like an old upturned basket will holes for them to get through. Fill it with leaves and straw to keep them warm.

Hedgehogs love cat or dog food but please not the fish varieties. Best not encourage hedgehogs into your garden in you have a pond because of their poor eyesight they may think it's a safe drinking place and are liable to drown.

Hedgehogs are amazing creatures and if looked after become quite tame and like us you may be having a late outdoor cuppa and find one sat on your shoe!

Jeannie Bloomfield



Strands



HAIR SALON

IXWORTH

I Have Over 30 Years Experience In Cutting & Styling Ladies & Gents Hair

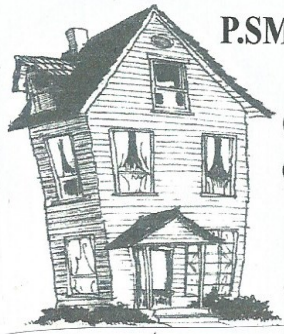
OPENING HOURS

Tuesday 8.30am – 5.00pm Wednesday 8.30am – 5.00pm

Thursday 8.30am – 7.00pm Friday 8.30am – 2.00pm

For A Professional & Friendly Service Telephone Sarah on

01359 230300



**P.SMITH PROPERTY MAINTENANCE
HANDY MAN**

Carpentry, Windows, Doors, Fencing,
Gutters, Plumbing, Plastering, Ect.

For all your property needs

Large or Small

Over 30 years experience

Free Estimates CRB/DBS & Public liability certificate
available on request

Call Paul on

07961 838256

Readings for October

Sunday 2nd

Habakkuk 1: 1-4, 2: 1-4

Psalm 37: 1-9

2 Timothy 1: 1-14

Luke 17: 5-10

Sunday 9th

2 Kings 5: 1-3, 7-15

Psalm 111

2 Timothy 2: 8-15

Luke 17: 11-19

Sunday 16th

Genesis 32: 22-31

Psalm 121

2 Timothy 3: 14 – 4: 5

Luke 18: 1-8

Sunday 23rd

Isaiah 45: 22-end

Psalm 119: 129-136

Romans 15: 1-6

Luke 4: 16-24

Sunday 30th

Daniel 7: 1-3, 15-18

Psalm 149

Ephesians 1: 11-end

Luke 6: 20-31

Readings for November

Sunday 6th

Job 19: 23-27

Psalm 17: 1-9

2 Thessalonians 2: 1-5, 13-end

Luke 20: 27-38

Sunday 13th

Malachi 4: 1-2

Psalm 98

2 Thessalonians 3: 6-13

Luke 21: 5-19

Sunday 20th

Jeremiah 23: 1-6

Psalm 46

Colossians 1: 11-20

Luke 23: 33-43

Sunday 27th

Isaiah 2: 1-5

Psalm 122

Romans 13: 11-end

Matthew 24: 36-44

OVENBIZZ

Professional Oven Cleaners
Serving the Bury St Edmunds
and Stowmarket areas

- Ovens
- Rangemasters
- Aga's
- Hobs
- Extractors

Office: 01359 258084

07837 540816

£5 if you quote this advert

M.O.T. Due ?

Require a quick reliable
professional service ?

Services and MOT repairs
also available

Elmswell

Tests available for Cars, Small Vans & Transits up to 3.5 tonnes

MK Autos MOT
Centre Ltd

The Work Shop, Grove Lane,
Elmswell, Bury St Edmunds
Suffolk IP30 9HN

We are Here

Mot Hot Line 01359 244421



CHIMNEY SWEEP

ECO SWEEP CHIMNEY SERVICES

- NEW POWER SWEEPING METHOD
USED FOR A MORE THOROUGH
CHIMNEY CLEAN THAN BRUSHES
- INDUSTRIAL HEPA FILTERED
VACUUM
- FULLY INSURED
- INSURANCE RECOGNIZED
CERTIFICATES ISSUED
- SPOTLESS, RELIABLE AND
FRIENDLY SERVICE
- ALL CHIMNEYS, WOODBURNERS,
AGA, BOILER FLUES SWEPT

TEL: (01359) 232335



St MARY's CHURCH WALSHAM

ADVENT and CHRISTMAS CELEBRATIONS

SATURDAY 3rd DECEMBER 2.00pm-5.00pm

Following on from last years very popular 'mini-market'/
Christmas Fete in the church and church grounds, for the
second year St Mary's is again hosting a similar event.

To celebrate the Season of Advent and Christmas, the Christmas
Tree lights will be turned on in the churchyard on the afternoon of
Saturday 3rd December, when it is hoped that the Walsham
'male voice choir,' and any others who may wish to sing, will be in
attendance.

The event will be held both inside the church and extending to the
pathways of the churchyard. There will be **art work** on display in
the church, with **tea, coffee, fruit juice and biscuits** (*free of
charge*), a **tombola stall**, **Christmas merchandise**, **Christmas
music**, **Childrens' Christmas Craft Table**, **mulled wine**, **real
ale**, **pizza oven**, **raffle**, **organ music**, **the ringing of the church
bells**, along with all things **Seasonal**. Entrance is free.

Any donations of **Seasonal preserves, jams**....would be very
much appreciated as would donations towards the raffle.

Denise Merry



Pearce's Pins

Opening Times: Tues - Fri 8:30am - 5pm Sat 8:30am - 4pm

**DRESSMAKING,
ALTERATIONS, UPHOLSTERY
& REPAIR SPECIALISTS**

DRY
CLEANING,
LAUNDRY
SPECIALIST
& SHOE
REPAIRS

32/34 High Street, Ixworth, Bury St Edmunds
Suffolk IP31 2HH

• 01359 233017 • pearcespins@btinternet.com
• www.pearcespins.co.uk

***** GISLINGHAM PLAYGROUP *****



We provide a safe, warm friendly and caring setting for children aged 2-5 years, in a brand new purpose-built building on the same site as Gislingham CEVP School, with whom we work closely to provide an excellent education.

Breakfast Club 8.00am – 8.45am
Morning 8.45am to 11.45 am

Lunch Club 11.45am to 12.45pm
Afternoon 12.45pm to 3.45pm

"The well-qualified staff have a good knowledge of how children learn. They carefully organise the indoor and outdoor learning environment so that children enjoy free access to a wide range of toys and resources"
Ofsted December 2015

Please visit our website www.gislinghamplaygroup.com or phone us on 01379 788934

WESTHORPE VILLAGE HALL

Saturday December 4th
at 3.30pm.

noted
for music presents:

COCKTAILS & LAUGHTER

A celebration of

Noel
COWARD

"Satirical, literate, graceful
and *glistening* with polish"

A sparkling revue of Coward's best work as an actor, director, playwright and (of course) songwriter including the most famous silly, romantic, outrageous and wickedly glib cynical songs that made his name.



Andrew D. Brewis

Suzanna Walters

"Brewis and Walters are
a *marvellous* team"



Tickets £10 to include a glass of mulled wine and mince pie,
from Alison Weston,
wvhbooking@hotmail.com or 07972 415205



Pest Solution

The answer to all your Pest Problems

Free surveys

Member of the National Pest Technicians Association

Rats, Mice, Wasps, Squirrels, Moles, Rabbits, Cluster Flies,
Fleas, Bed Bugs, Moths, Carpet Beetles, to name a few!

59 Horsecroft Road, Bury St Edmunds

01284 766362
info@pestsolution.co.uk
www.pestsolution.co.uk

MTP LANDSCAPES

No Garden Too Big Or Small

(07920152095)

(Email: morganparsons177@gmail.com)

All Aspects Of Hard And Soft Landscaping
And Garden Maintenance

WESTHORPE VILLAGE HALL ACTIVITIES

YOGA Monday (weekly) 10:45am-12:15

Contact: Juliet Wright. Tel: 07503 212670 jujuyoga39@gmail.com

ART CLUB Monday (fortnightly) 2:00-4:00pm.

Contact: Paul Weston. Tel: 07860 376592. paulwestonarchitect@gmail.com

LINE DANCING Monday (weekly) 6.00-7.00pm

Contact Rosie Macro Tel: 07748 563926 rosemary.macro@yahoo.co.uk

CARPET BOWLS Monday 7.30-9.00pm

Contact: Jeff Moore Tel: 07850 716968 jeffmoore297@hotmail.com

John Gladders 01449 780365 dianegladders@outlook.com

CRAFT CLUB Tuesday (fortnightly) 10:00am-12:00

Contact: Lynda Cotgrove. Tel: 01449 789142 / Rosemary Mees. Tel: 01449 780394

SINGING FOR PLEASURE Wednesday (three weekly) 10:00am-12:00

Contact: alisonweston25@hotmail.com Tel: 07972 415205.

PILATES Wednesday 12.15-1.15pm

Contact: Becky Tel: 07734 414151 bekcruickshank@btinternet.com

GENTLE FITNESS Friday 10.00 - 10.45am

Contact: Becky Tel: 07734 414151 bekcruickshank@btinternet.com

Please check the village website at westhorpe.onesuffolk.net for details,
or contact Alison Weston on 07972 415205 or wvhbooking@hotmail.com

J W AMPS LTD

Offering service and repairs to all types and makes of garden machinery,
ATV's, compact tractors etc. Machinery bought and sold

Over 15 years experience –

factory trained by Briggs & Stratton, Stihl, Westwood and Countax.

Collection and delivery service available.



Contact Simon on 07974 430366
E-mail: simonamps@btinternet.com





Tree surgery: from light pruning to large tree take down, surveys and stump removal.

Garden landscaping: patios, fencing, decking, pergolas, gates, stone driveways, water features, turfing and seeding new lawns, borders and planting designs.

Garden maintenance: hedge cutting, pruning, weeding, strimming, grass cutting, tidying.

Tel: 0782 5253 720

info@rewtstreesandgardens.co.uk

www.rewtstreesandgardens.co.uk



Discount Pet Supplies
Wild & Caged Bird Feed
Equine Supplies
Free Range Eggs & Flour
Porridge Oats, Coffee and more!

Monday to Friday 8.30 am – 5.30 pm
Saturday 8.30 am – 1.00 pm

01359 230277

www.pakenhamwindmill.co.uk

info@pakenhamwindmill.co.uk



Elite Fencing & Landscaping

JUST 10 MINUTES AWAY FROM YOU

Fencing only during COVID 19 restrictions

All types of outdoor work undertaken—small or large

For **FREE ESTIMATES** call Trevor on: 01359 221128 or 07761651567

Email: trevor@elite-fencing.co.uk Web: www.elite-fencing.co.uk

This trade
since 1976

Domestic
appliance repair,
supply and
installation



Telephone
01449 781599

Mobile
07596 744682

No VAT

Hilldrop, Wickham Road, Finningham,
Stowmarket, Suffolk IP14 4HT

email: doogle62@john-lewis.com

If you suffer with anxiety, depression or PTSD / disturbing traumatic memories or other emotional difficulties?

I am a BABCP accredited Cognitive Behavioural Psychotherapist. I work both in private practice and for the NHS offering evidence based treatments such as CBT (cognitive behavioural therapy) and/or EMDR (Eye Movement Desensitisation and Reprocessing) therapy.

I offer short or long term therapy. My aim is to help you to regain a sense of enjoyment and wellbeing in your life.

If you need help please contact Jayne
for further details on: 07983648702



M A Heating Services



- * Oil, Gas and LPG boiler servicing, replacements and repairs
- * Repairs to central heating system faults i.e. pumps, programmers and cylinders
- * Servicing and repairs to Rayburn, Aga Stanley and Esse's
- * Landlord's Certificates

Telephone: 01379 783427

Wickham Gate, High Street, Gislegham, Suffolk, IP23 8JD



DAVID MARTIN

MOTOR VEHICLE ENGINEERS & CAR SALES



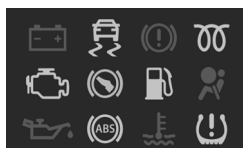
Station Hill, Thurston, Bury St Edmunds, Suffolk IP31 3QU
info@davidmartinmotorengineer.co.uk

Tel: 01359 230536 Mob: 07808 508864

www.davidmartinmotorengineer.co.uk

Open Monday to Friday 8am - 5pm

Local, honest, friendly, reliable family run business
(with over 150 years experience) offering car and light
commercial vehicle repairs at competitive prices



SERVICING

ALL MAKES & MODELS

including vehicles under dealer warranty



MOTs

Class 4, 5 (minibus) & 7
(up to 3,500kg)

free retest

within 10 working days

Welding
Cam belts
Diagnostics
Brake overhauls

Exhausts
Batteries
Recoveries
4 wheel alignment

Free collection and delivery from your home or work place.
(within the local area)



Courtesy car available
(subject to availability)



Tyres supplied & fitted
at competitive prices
(available same day if ordered
before 12pm)



Air Con.
re-gas
& repairs



R134a and R1234yf
est. available on request

We are proud members of the Good Garage Scheme,
check out our feedback @ www.goodgaragescheme.com

NO WORK IS CARRIED OUT WITHOUT FULL CONSENT FROM THE CUSTOMER

Wattisfield URC Services

Date	Time	Service details
October 2nd	11am	Harvest Thanksgiving led by the Moderator of the Eastern Synod
9 th	11am	Holy Communion
16 th	11am	Morning worship
23 rd	11am	Morning worship – Andy Malcolm from the Fisherman's Mission
30 th	11am	Morning worship – Revd Pat Atkinson from the Vidiyal Trust
November 6th	11am	Holy Communion
13 th	10.50am	United service for Remembrance Sunday at St Margaret's Church
20 th	11am	Morning worship
27 th	11am	Morning worship
December 4th	11am	Holy Communion

Please contact Mrs Jo Patel (01359 251789 or 07808 487844)
for more information.

The PUDDLE DUCK CAFÉ is open on the 1st & 3rd
Saturdays of the month at 10.30am-12.30pm

WORTHY FLOORING

Carl Goldsworthy
Proprietor

07429 819666

info@worthyflooring.co.uk

worthyflooring.co.uk

Complete Service From Start to Finish
Domestic and Commercial Flooring
Mobile Showroom
Free Estimates

Benefice Services October / November 2022

2nd October	16th after Trinity	
8.00am	Holy Communion	Walsham
9.30am	Holy Communion	Finningham
11.00am	Harvest Thanksgiving/ Songs of Praise	Walsham
9th October	17th after Trinity	
8.00am	Holy Communion	Walsham
9.30am	Harvest Festival	Badwell Ash
3.00pm	Evensong	Westhorpe
16th October	18th after Trinity	
8.00am	Holy Communion	Walsham
9.30am	Holy Communion	Wattisfield
19th October	Wednesday	
9.30am	Holy Communion	Walsham
23rd October	Bible Sunday	
8.00am	Holy Communion	Walsham
9.30am	Holy Communion	Westhorpe
11.00am	Holy Communion	Walsham
3.00pm	Confirmation	Stanton
30th October	All Saints Day	
8.00am	Holy Communion	Walsham
11.00am	Holy Communion	Finningham

Benefice Services November 2022

2nd November	All Souls	
7.00pm	Remembering the Departed	Walsham
6th November	3rd before Advent	
8.00am	Holy Communion	Walsham
11.00am	Holy Communion	Walsham
11th November	Armistice Day	
10.50am	War Memorial	Walsham
13th November	Remembrance Sunday	
8.00am	Holy Communion	Walsham
10.15am	Remembrance Service	Badwell Ash
10.50am	Act of Remembrance	Finningham
10.50am	Remembrance Service	Walsham
10.50am	Remembrance Service	Wattisfield
10.50am	Act of Remembrance	Westhorpe
16th November	Wednesday	
9.30am	Holy Communion	Walsham
20th November	Christ the King	
8.00am	Holy Communion	Walsham
11.00am	Stir-up Sunday Worship/ Workshop	Finningham

West Suffolk Counselling

www.westsuffolkcounselling.co.uk

PROFESSIONAL COUNSELLING SERVICE

Confidential counselling service to help with relationship problems, anxiety, depression, day to day difficulties or any personal issue you may be facing.

Registered member of the United Kingdom Council for Psychotherapy

Walsham-Le-Willows
Bury St Edmunds
IP31 3BD

Phone: 07792 635057
Email: westsuffolkcounselling@gmail.com



Benefice Services November / December 2022

27 th November	Advent Sunday	
8.00am	Holy Communion	Walsham
9.30am	Holy Communion	Westhorpe
11.00am	Advent Songs of Praise	Walsham
7.00pm	Compline	Finningham
4 th December	2 nd of Advent	
8.00am	Holy Communion	Walsham
11.00am	Holy Communion	Finningham



cuttin
room.com



unisex hair salon
&
tanning booth
01359—251083

job vacancies available
for experienced, professional stylists



PAUL MITCHELL
PROFESSIONAL SALON PRODUCTS

BED
HEAD
TIGI

MATRIX
IMAGINE ALL YOU CAN BE



Have questions ...



We are here to help

mcp
SOLICITORS

www.mcp-law.co.uk
Cage Lane, Thetford,
Norfolk, IP24 2DT

01842 756100

Business | Crime | Dispute Resolution | Employment | Family | Property | Wills & Probate

Also at Peterborough, Wisbech and King's Lynn



Unit 13, Tomo Estate, Stowmarket, IP14 5AY

WE ARE A SMALL FAMILY OWNED BUSINESS WHO
SPECIALISE IN DELIVERING FRESH MILK IN GLASS
BOTTLES TO OUR CUSTOMERS DOORSTEPS,
DELIVERY IS FREE



We deliver fresh milk and many other products to your door 5 days a week,
you can change your order at any time by leaving your milkman a note,
telephoning us or emailing; payment can be made by leaving cash or
cheques for your milkman or using online banking.

Visit our Website www.suffolkdairies.co.uk to see our full range of
products

If you would like to arrange a delivery or discuss your
requirements

Contact us on

Telephone 01449 676746
Email milk@suffolkdairies.co.uk

No order too small

Music in St Mary's Walsham

Tuesday 25th October - Lunchtime Concert

Sarah Dunsdon (clarinet) with Jackie Cuninghame (piano)
Sarah is principal clarinet with the Bury Concert Band.
12.15pm start; light refreshments afterwards. Donations.

January

The much-anticipated return of the Epiphany Singers
Saturday 7th January: Concert in the evening
Sunday 8th January: Sung Eucharist 11.00am

PUMPKIN MUFFINS

Ingredients

225g plain flour, 2 tsp baking powder,
1 tbsp ground cinnamon
100g caster sugar, 50g soft light brown sugar,
200g pumpkin puree (from a can or homemade)
2 large eggs, 125g salted butter (melted)



Method

1. Heat the oven to 200c/180cfan/gas6. Line a baking tin with 12 muffin cases. Mix the flour, baking powder, cinnamon and both sugars together in a large bowl. Break up any lumps of brown sugar.
2. Whisk the puree and eggs together in a jug, then add to the dry ingredients with the melted butter. Whisk for 1-2mins with an electric hand whisk until just combines.
3. Bake for 15 mins until golden and risen. Cool on a wire rack. These will keep for 3 days in an airtight tin.